

WITH TWO EGGS!!!

(two happy chicken eggs cooked with coconut oil)

CHOOSE BETWEEN: PAN-FRIED, SCRAMBLED, FRENCH OMELETTE 7€

Served with two slices of toasted bread. ●●●

Choose two of the spread options:

- Hummus ●●
- Creamy avocado
- Vegan sobrasada ●
- Tumaca
- Organic butter

COMPLEMENTS ON YOUR EGGS

- Serrano ham 2,5€
- Brie cheese 1,5€
- Natural smoked salmón 2,5€
- Gouda extra-Mature cheese. 2€
- Natural smoked turkey. 2€
- Basil. 0,25€

OMELETTES

Comes with mixed leaf salad, tomatoes, avocado and nuts.

- Spinach, mushrooms and salad onions omelette. ● 8€
- Smoked natural salmon, ●● 9€
- cottage cheese and dill omelette.
- Turkey breast and Brie cheese omelette. ● 8,5€

Extras

- Sorodough bread slices 1,5€
- Truffle sauce 1,5€
- Hummus 0,5€
- Vegan sobrasada 1€

- HUEVOS TURCOS NATURAL. ●●●

Ricotta cheese base, " Natural soft eggs, cherry tomatoes, bio goat ´s feta cheese and yoghurt sauce. (comes with sorodough bread and vegan sobrasada) 11€

- VEGAN SHASUKA WITH COCONUT MILK

Tomatoes, grilled peppers and onions, sorodough toast and avocado. 9€

PICOTEO

"Your portion of the good life"

- Homemade fries 4,5€
- Sweet potato fries with barbecue sauce 6€
- Vegan nachos with Vegan cheddar sauce. ● 7€
- Hummus and crudité's ●●● 10€
- Cheese and organic quince gluten free quesadilla ● 7,5€
- Turkey breast and cheese gluten free quesadilla ● 8€
- Charcoal focaccia with olives and cherry ●● 9,5€
- tomatoes, courgettes and burrata cheese
- Charcoal focaccia with olives, cherry tomatoes, egg, serrano ham and artichokes ●● 9,5€

LOS COSMOPOLITAN

(SANDWICHES)

- **NORDIC** ●●●● Seeded bread, avocado cream, salmon and scrambled eggs. 10€

- **RAINBOW** ●●●● Seeded bread, hummus, cucumber, tomatoes, coleslaw and carrots, vegan mayonnaise, green leaves and pesto salad. 9€

- **IBÉRICO** ●●●● Panini bread, tomato base, Serrano ham, free range egg, extra matured Gouda cheese grated and rocket. 9,5€

- **ESPECIAL** ●●● Panini bread sandwich, vegan sobrasada, taleggio and Brie cheese, truffle sauce. 8,5€

- **POLLO FELIZ** ● Gluten free corn tortilla wrap, chicken breast, leek sauce, taleggio cheese and spinach. 11€

- **TACOS Natural** ●●● Gluten free corn tortilla, wok vegetables with sweet potato salsa and peanut butter. 10€

Sides:

- Potato fries 1,5€
- Sweet potato fries 2,5€
- Veggie Nachos with cheddar cheese 2,5€
- Green leaf salad with nuts 2€

"Eating healthy means celebrating abundance, preparing delicious recipes with quality ingredients and, ultimately, making people happier"

Love 🍀 Health

BURGUERS

No additives and natural

All served with fries, choose between butter or seeded bread

Extra: Sweet potato fries +1,5€

Choose your bread: seeds bread or butter bread

DRY AGED

- **NIRVANA** ●●● Our original Nirvana Burger will take you to another dimension with its matured beef (45 days), free range egg, caramelized onions, basil, truffle sauce and taleggio DOP cheese 12€

- **SAVAGE** ●●●● Flavour explosion. Matured beef burger (45 days), pesto sauce, rocket, courgettes, vegan home-made sobrasada, Brie cheese and free range egg 13€

- **MEXICANA** ●● A burger for the brave ones. Matured beef burger (45 days), Gouda cheese with jalapeños, creamed avocado, tomatoes and purple onion. 13€

VEGGIE BURGERS

- **CLEOPATRA** ●●● Chickpea and vegetable home-made burger, coleslaw, carrot and vegan mayonnaise, mixed leaves, beetroot hummus, avocado and tomato. Choose between tofu or cheese. 12€

- **MEDITERRÁNEA** ●●● Green lentil and quinoa home-made burger, vegan sobrasada, rocket, pesto sauce, goat ´s feta cheese or tofu with soy sauce, curcuma and nutritional yeast. If you ´re not vegan we recommend you to add pan fried egg + 1,5 € 11€

SOMETHING NUTRITIOUS AND FRESH

- **LA BURRATITA FRESH** ●● Tomato carpaccio, avocado, mango sauce, rocket, basil and pistachio vinaigrette. 13,5€

Add strips of focaccia with cherry tomato and olives +1,6€

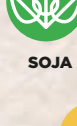
- **TABULÉ DE LENTEJAS** ●●●● Green leaf salad, coleslaw, carrot slices, lentil tabbouleh, guacamole and nachos. 12,5€

- **FRESCA** ●●● Baby spinach, cucumber, courgettes and quinoa. Citric yoghurt sauce, goat ´s feta cheese, curry and mint 11€

- **BOWL DE ENSALADA VERDE** ●●●● Mixed green leaf salad, avocado, lime, pesto sauce and hemp seed half 6€/ full 10,5€



ALLERGENS



GLUTEN



CRUSTÁCEO



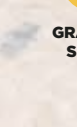
HUEVO



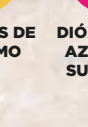
PESCADO



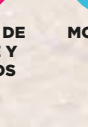
CACAHUETE



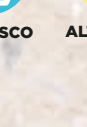
SOJA



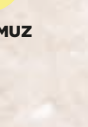
LÁCTEO



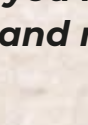
FRUTO DE CÁSCARA



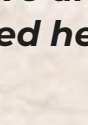
APIO



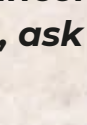
MOSTAZA



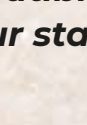
GRANOS DE SÉSAMO



DIÓXIDO DE AZUFRE Y SULFITOS



MOLUSCO



ALTRAMUZ

If you have any incompatibility and need help, ask our staff



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